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October Newsletter

COVID Update

We are now back in Level 1 which means the practice procedures have changed. We are no longer requiring our patients to wear masks but we still require you to sign in using the tracing app.

We are practicing safe distancing in the waiting room and still require if you are feeling any of the following symptoms, to let us know before your appointment:

Cough or sore Throat;
Loss of Breath;
Head Cold or Fever;
Loss of Smell or Taste;
Diarrhoea or Vomiting;
Working in at at risk industry

Practice News

As a practice we are changing how we communicate with our patients. From next week going forward, we will be contacting you by texts to help in the delivery of your care or support of your health services. Texts will include appointment reminders, account reminders and recalls (follow ups). If you would **not** like to receive texts from us please reply to tengaeadmin@raphs.org.nz and we will continue to communicate with you through your chosen method. If you are happy with receiving texts, please do not send us an email and we will update your preferred method.

We are also switching to electronic billing as well so this might be a good opportunity to let us know if we need to update your details.

Meningococcal Vaccine Update

Meningococcal ACWY vaccine is currently free for all young people aged between 13 and 25, who live in boarding school hostels, tertiary education halls of residence.

After 30th November 2020, eligibility will change to include only those who are entering their first year of living in such institutions.

If you have any questions in regards to this update, please get in touch with your GP or contact immunisation@health.govt.nz

COVID Pre Travel Tests – Ministry of Health News

Some countries require travellers to confirm a negative COVID-19 test before they leave New Zealand. You can check the requirements of the country you are travelling to, by contacting their local High Commission, Embassy or Consulate in New Zealand.

If you need a COVID-19 test prior to departure, you can organise it through us, please contact us for further information. The test needs to be taken as close as possible to when you will be travelling, check with your High Commission, Embassy or Consulate for the timing that applies to your country.

It usually takes several days for test results to be available, but it could be longer, so people need to ensure they don't leave it too late, especially around the weekend. If your travel plans change to a later day than expected, a re-test and negative result may be required.

Entry requirements may differ between countries but you will probably need a hard-copy of your negative COVID-19 test result to present to check-in before boarding the plane. We are able to give this to you. You will also probably need to show the result to Customs/Immigration on arrival at your destination. If the test is positive, you will be notified and won't be able to travel.

State Highway 30 Roadworks

There are still major roadworks happening around this area and State Highway 30, so please ensure you give yourself a bit of extra time when travelling to and from your appointment. If you are running behind schedule, please give us a call.

We hope you are all having an enjoyable school holidays and we look forward to seeing you soon.

From The Te Ngae Team