



Doctors: Neil Poskitt, Sally Hoskins, Andrew McMenemy, Robyn Parker, Ron Vail, Sarah Dalziel

August Newsletter

Staff News

We have an exciting new addition to our team this month! Starting Tuesday 11th August, we will be welcoming our new Nurse Practitioner to the practice.

Sharon Williams is joining our team and be helping with our urgent clinic in the mornings and having her own appointments in the afternoon. If your doctor is unavailable when you book in, our Nurse Practitioner is another great resource available to you if required. Please ask at reception or phone us for more information.

However it is with great sadness we say goodbye to one of our admin staff, Kim who has been with us for the past year. She has been a great addition to our team and will be missed. We do wish her well in her future endeavors.

Drop In Clinic Reminder

Just a reminder, due to COVID, our urgent clinic operation has changed. We are no longer accepting drop in's for the urgent clinic, and we do ask if you require an appointment today to phone the clinic first on 07 345 6627 and make an appointment. The new procedure is as follows:

- * Please phone us on 07 345 6627 to make an appointment where the receptionist will ask you a few questions in regards to your appointment.
- * Our Nurse will then phone you and discuss your concerns and if it is something which needs to be addressed that day, will organise a time for you to come in to our urgent clinic.
- * Alternatively, a follow up appointment may be made depending on the outcome of this discussion.

If you have any questions in regards to this, please do not hesitate to contact us.

We also do ask if visiting the clinic, if you have any of the following symptoms, you phone the clinic first and let the team know: Cough or sore throat, Loss of breath, Head Cold or Fever, Loss of Smell or Taste, Diarrhoea or Vomiting

Updating of Details

We are currently in the process of asking all our patients if you would like to receive communication from us, including test results and appointment details by email or text. Please contact our admin team on tengaeadmin@raphs.org.nz to ensure we have your current details and let us know how you would like your communication in the future.

Ministry of Health News: New Zealand Immunisation Schedule

The National Immunisation Schedule is the series of vaccines that are offered free to babies, children, adolescents and adults. The schedule of vaccines listed below applies from 1 July 2020 mainly due to recent measles outbreak.

Further changes will take effect from 1 October.

Age	Diseases covered and vaccines
Pregnant women	Influenza - 1 injection annually
	Tetanus/Diphtheria/Pertussis (whooping cough) - 1 injection, from 16 weeks of pregnancy
6 weeks	Rotavirus (start first dose before 15 weeks) - 1 oral vaccine
	Diphtheria/Tetanus/Pertussis/Polio/Hepatitis B/Haemophilus influenza type B - 1 injection
	Pneumococcal - 1 injection
3 months	Rotavirus (second dose must be given before 25 weeks) - 1 oral vaccine
	Diphtheria/Tetanus/Pertussis/Polio/Hepatitis B/Haemophilus influenza type B - 1 injection
5 months	Diphtheria/Tetanus/Pertussis/Polio/Hepatitis B/Haemophilus influenza type B - 1 injection
	Pneumococcal - 1 injection
12 months	Measles/Mumps/Rubella - 1 injection – change from 15 months & 4 years
	Pneumococcal - 1 injection
15 months	Haemophilus influenza type B - 1 injection
	Measles/Mumps/Rubella - 1 injection
	Varicella (Chickenpox) - 1 injection
4 years	Diphtheria/Tetanus/Pertussis/Polio - 1 injection
11 or 12 years	Tetanus/Diphtheria/Pertussis - 1 injection
	Human Papillomavirus (HPV) - 2 injections given at least 6 months apart for those aged 14 and under
	3 injections given over 6 months for those aged 15 and older
45 years	Tetanus/Diphtheria/Pertussis - 1 injection
65 years	Tetanus/Diphtheria/Pertussis - 1 injection
	Zoster (shingles) - 1 injection
	Influenza - 1 injection annually