

Practice news

Welcome to Kim Archer

Kim is our new administrator/receptionist. She comes to us from a hospitality background with vast people and organisational skills. She is very excited to be now working within health and looks forward to meeting many of our patients. She is a keen soccer fan, having played for years. She is also interested in classic cars and hot rods, and has been a dog breeder (whippets and boxers)

Nurse Consultations

Just reminder that you can book a nurse-only consultation for the following:

- Annual asthma reviews
- Blood pressure checks
- Cervical smears
- Diabetes management
- Ear syringing
- Immunisations
- Liquid nitrogen wart treatment
- Smoking cessation
- Spirometry testing
- Throat swabs (free for children under 18)
- Travel advice & vaccinations
- Wound care & dressings
- Urinary tract infections (simple)



New Patient Assessment (NPA) appointments (FREE) :

All new patients enrolling at Te Ngae Medical are encouraged to attend a free NPA appointment with a practice nurse, prior to seeing their GP for the first time. We can book your GP appointment to run straight after your nurse appointment. The nurse will talk to you about your **family history, past history, allergies, immunisation history, and current problems.**

The nurse will also take your **blood pressure, height, weight, and organise a blood test** (if needed for your cardio vascular risk assessment)

Please note : it is extremely helpful for the doctor to have this information before your first appointment. And also, even if you are not a new patient, and you have never had an NPA - anytime is a good time. And very much appreciated by the doctors.

We have a Online Patient Portal called **ACCESSION**.



Once you have enrolled on Accession you will be able to :

- **Book appointments** - You can book regular 15-minute appointments online. If you wish to schedule a 30 minute appointment, you need to book two 15 minute appointments consecutively.
- **Order a prescription**—Requesting a repeat of your regular medications. Tick the box of the medication you require and click on 'Add to refill Request'.
- **Results** (called investigations) e.g. blood tests , X-rays, CT Scans and ultrasound can all be viewed online.
Please note that in order for your report to be available to you online your doctor must have viewed the information first. The Doctor may have annotated or written a comment for you to view. It is important to understand that not all blood results recorded in 'red' are abnormal – they may be normal for you.
- **Ask a Question** - This facility enables you to ask our nurses and administration team a non-urgent question during working hours.
- **Views** - Allows you to look at the list of your current medications, Careplans (recalls for when you next need a consult or test) and immunisation records.
- **Check your account** - You are able to view any outstanding invoices, however you are not able to pay an account via Accession

Vaccine updates

- Funded **MMR** (measles, mumps and rubella) is now in good supply. Adults , up to 50 years old, with no evidence of a previous vaccination, can now be vaccinated .
- **Flu vaccination** – now available for adults and children, but unfortunately not for children under 3 years.
- **Boostrix** now funded for pregnant women from 16 weeks
- **Meningococcal vaccines** are available for purchase—please contact one of our nurses (those people most at risk are children under 5 and adolescents)
- **Shingles vaccine** (Zostavax) - reminder that patients aged 65—80 can get this vaccine fully funded

